

Acts of Kindness: MCBC A Teaching, Loving, and Caring Church

**Donated
snacks to
local
hospital for
cancer clinic
patients.**

**Put \$10 worth
of gas in a
stranger's car.**

**Bought lunch
for elderly
couple.**

Luke 10:36-37 The Message Bible **“Which of the three became a neighbor to the man... ‘The one who treated him kindly’...Jesus said, “Go and do the same.”** As we look forward to celebrating our 120th Anniversary in November, Mt. Calvary members are showing LOVE and KINDNESS in a grand way. See how you are Blessing others! Thank you for being “A Caring and Giving Church”. Don’t forget your Acts of Kindness are especially important now. However, remember to stay safe, follow health guidelines and practice your social distancing as we navigate the coronavirus health emergency. Call and check on each other. Pray for our world!

1. Paid for item the shopper behind me had. He was quite surprised. Tried to pay me back.
2. Took my boss to his doctor’s appointment and let his wife have the day. They were surprised.
3. Helped a lady unload her groceries and take her cart to correct place.
4. Purchased groceries for an elderly woman in line behind me.
5. Put \$10 worth of gas in a stranger’s car.
6. Brought my neighbor’s trash can in from the street back to the house.
7. Letting others enter the expressway when traffic slow down. Paid for another person that did not have enough money at the store.
8. Sent money contribution to a person to pay for gas so they can visit their husband in the hospital.
9. Gave a monetary gift to one of our elderly members.
10. A lady got dizzy as she left a meeting. We waited till she felt better. I followed her home to be sure she made it there safely. She was extremely grateful.
11. I chose to help a young lady who was having car troubles and had no way to get to work, so I chose to pick her up and take her home for a few days.
12. I donated \$100 to the Atlanta Community Food Bank to help feed those who have lost jobs during the coronavirus outbreak. Helping to feed the hungry.
13. I was on my way home, I saw someone I know walking in the cold. So I picked him up and took him where he was going, waited and took him home.
14. I helped a lady carry packages into the post office.
15. Donated \$10 to student musician who was playing music outside Target. He was raising money for school.
16. Gave \$300 to college student whose parents stopped supporting her.
17. Gave \$300 to driver who lost job due to coronavirus pandemic.
18. Gave \$25 to new mother in my neighborhood.
19. Donated snacks to local hospital outpatient clinic for cancer patients.
20. Gave money to a college student to help with school fees.
21. Gave money to pay for primary school fees.
22. Gave money to help someone pay for groceries.
23. Provided dinner for a church couple who is doing elder care.

24. Wrote handwritten cards to team members thanking them for their services during this time.
25. Volunteered time to assist an elderly with his technological issues.
26. Sent thinking of you cards to members to brighten their day.
27. Sent inspirational messages to members reminding them who keeps them each day.
28. Brought a package to a member that would assist the member on her job.
29. Gave \$10 to high school student raising money for college
30. Donated \$100 to the Atlanta Community Food Bank
31. Provided a former colleague flowers for her first day at her new job
32. Cooked meals for someone ill and home bound
33. Went to the supermarket and purchased groceries and delivered them.
34. Called to arrange a doctor's appointment for someone who had trouble reaching the doctor's office.
35. Called to check on members on the church sick list.
36. Shared gloves and hand sanitizer with others who did not have any.
37. Gave out \$20 Kroger gift cards to grocery clerks, sanitation workers, mailman, etc. thanking them for their service
38. An elderly lady had a craving for watermelon, so I surprised her 2 days in a row with some watermelon. She was surprised and pleased
39. Returned an elderly man's grocery cart for him. It was extremely hot that day.
40. An elderly woman was trying to get into a fast food restaurant to get an apple pie. I gave her money to get 2 or 3. It was only drive through, so I told her to wait for me to come through and I bought her 2 pies. She said she would buy some food with the money I gave.
41. Provided financial assistance to someone going through hard time.
42. A friend asked me to take her to the store. When she was done shopping, I paid for her groceries.
43. My wife and I saw a mother and son having lunch at a restaurant. We paid for their meal.
44. Sent a card and love offering to someone just to say I love and appreciate you for delivering such a wonderful message.
45. Made a "cancer survivor kit" for my neighbor
46. When I shop at the grocery store, I tip the cashier 10% of my grocery bill as a thank you for being there serving us.
47. Sent a card with token to a caregiver to have lunch on me
48. We gave money to my friend who needed money to bury her husband. And money was given to help other families in need.
49. I saw a lady drop some money tied up and she did not know it. I picked it up, ran after her and returned it.
50. I took Sunday dinner to someone
51. I grocery shop for a member weekly and take it to her.
52. Calling some members just to let them know I am thinking about them and how much I miss seeing them. Many occasions I can pray with them.
53. Send hugs through the mail. God always has a variety of hugging cards waiting for me at the store.
54. Participated in graduation parades
55. Gave 2 boxes of food to a grandmother who has her grandchildren
56. During a repass a homeless lady came to the church seeking shelter information for the night. The church gave her food. I noticed she did not have a coat. It was raining and cold, and I went to my car and gave her my coat.
57. I call members and send them greeting cards to bring them cheer

58. Donated clothes and toys to charity
59. My neighbor's trash can need to be taken to the street and brought back up. I take care of it whenever needed.
60. Gave several donations to homeless beside highway
61. Another member and I installed a window AC unit for a member who needed AC
62. My son's friend was laid off from his job, trying to make extra money. We gave him a job doing some yard work.
63. Made gift bags for the teachers at our daughter's school
64. Participated in a celebration drive-by parade for our 103-year-old sorority sister
65. I helped to prepare a meal for my family without being asked
66. My husband and I went to Publix and brought Sunday dinner and gave money to our neighbor who lost their son.
67. I paid an individual 3 times the cost of a service to make up for the times I haven't seen him
68. I pick up meals for a senior twice weekly and deliver them to her
69. One of my neighbors suffered a stroke, and needed help walking down her driveway. I help when she needs me sometimes 2-3 times a week.
70. I call and check on our sick and shut in every week
71. An elderly man was having difficulty standing in the Post Office line. I told him I would pay to mail his package for him, and he could go home.
72. Sent a graduation card with a love token to a high school graduate whose father is ill
73. I took my hairstylist to grocery store and surprised her by paying for her groceries.
74. During a church services, pastor said he could not find any sanitizer. As we were shopping, the HOLY SPIRIT said go set some for your pastor. We gave 5 bottles to the pastor.
75. I randomly compliment individuals and smile and greet them
76. We took boxes of fruit and veggies to two church members who don't have cars.
77. I took masks to a friend who did not have any.
78. I offered a phone to someone who did not have one. Helped her program her new phone.
79. Gave money to college student to buy food
80. I called church members during the pandemic, encouraged them, and prayed with them before the LORD called some of them home.
81. I was given a lot of disposable masks, more than I am going to use. I donated almost all of them to a Daycare owner who was incredibly happy.
82. My neighbor is disabled so I take her trash out every week.
83. A senior citizen from Adamsville Green was crossing the street (MLK Jr Dr) to pick up pantry items for her apartment on a Saturday in May. She was crossing with a walker that she uses to occasionally sit when tired. The next day, I went to Kroger and bought \$100 groceries and cleaning and sanitizing items and delivered them to her apartment early Sunday morning.
84. I sent stamps to a church member.
85. I send monetary gifts to an elderly church member.
86. Provided support to parents who are homeschooling.
87. I helped put groceries into the car of an elderly person and returned the grocery cart.
88. Fed a young lady who forgot her wallet in a social distance meeting.
89. While in line, I paid for groceries at Publix for a senior citizen.
90. Made several calls to Mt. Calvary members just to say hello
91. I saw a homeless person walking in the rain. We ended up at the same gas station. I gave him \$20 dollars and prayed with him in the rain.
92. Cooked meals for friends working on the front lines.
93. I picked up a lady that was walking home carrying groceries.

94. I loaned my car to a friend whose car was in the repair shop.
95. During the beginning of the Covid-19 Virus, I provided breakfast and lunch, coffee, juice, tea, and water, for about thirty volunteers of the Southwest Ecumenical Emergency Assistance Center, Inc. (SWEEAC). The volunteers gathered to prepare boxes of food and toilet items for seniors.
96. Provided in home care for someone after surgery
97. Gave gentleman on the corner some food
98. A lady needed some money. I gave her \$20
99. I donate plasma since I recovered from Covid-19
100. Paid for a homeless man's item at the Dollar Store
101. I donated money to two food pantries at public Feed the Hungry
102. I cooked meals for 4 families
103. Check on my neighbor who lives alone
104. Provided face shields and masks to Support Ministry to donate and give out as necessary
105. I made a monetary donation to someone who needed help with paying for medical bills
106. I paid a car note for someone
107. I bought lunch for a coworker
108. For 6 weeks, I provided security for the parking lot during food bank giveaway and COVID-19 testing
109. A neighbor was moving to assisted living. I help pack up her household goods to donate to the Salvation Army and Habitat for Humanity
110. I do a wellness call and check on people I know who are living alone
111. I provide water and Gatorade to first responders on a weekly basis
112. Donated food to food bank twice
113. Helped a teen girl who had left home reconnect with her mother
114. A lady told me her granddaughter was incarcerated. She was caring for her great granddaughter and needed food. I gave her some money
115. Provided food for a bereaved family
116. Bought face masks and gave them away to individuals
117. I paid for items in the store for someone who didn't have enough money
118. Donated food, clothing, and money to a family in need
119. Gave financial assistance and words of encouragement to young boys who are about 13 to 18 years old and are going through hard times
- 120. I brought flowers for a 12-year-old to give to his mother for her birthday**
121. Assisted a senior citizen in the supermarket in a wheelchair with grocery shopping.
122. Helped pack up an apartment of household items and furnishing to donate to Salvation Army
123. Called the doctor's office and arranged testing for a lady who was having trouble making the appointment.
124. Explained to a member how to work her telephone when on a conference call.
125. Made face masks for kids and adults and gave them away
126. Provide food to a homeless man on Sundays and during the week if needed
127. Shopped and cooked dinner for a sick member.
128. Purchased a MCBC face mask for a visitor who had been listening to our church services on the telephone.
129. Give out copies of Our Daily Bread to family, friends, and neighbors
130. Donated food to my community food bank and \$100 to Atlanta Community Food Bank to help feed the hungry during the Covid-19 pandemic
131. I purchased masks for church members
132. I contributed to St. Jude
133. I helped my neighbor in a wheelchair repair his cart.
134. I made a financial contribution to a local community organization to feed children.
135. One of our neighbors called from the doctor's office and asked if I would go down to his

house to check on his wife who was there alone, she was not answering the phone, I sat with her until he returned.

136. During a homegoing celebration, we took food and a plant to the family.

137. My sister mailed me some sanitizing spray and I gave one to my daughter in law who did not have any.

138. I gave another card with words of encouragement and money to a church member who was still grieving for their loved one.

139. My husband gave money to a homeless lady at the service station.

140. I called several families to check on them during this pandemic.

141. I called my neighbor to come out her door to see my grandchildren. She said I was blessed by letting her see the children, which made her day.